



ARK PRIORY PRIMARY ACADEMY

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cheese and tomato pasta bake	Chicken and lentil curry	Jacket potato with a choice of: tuna mayo/beans/cheese	Fish fingers	Beef and pepper Fajitas
		Sweet potato and lentil curry		Veggie fingers	Vegetable and Bean Fajitas
Side Dishes	Broccoli	Blend of brown and white rice	House Salad	Chips and beans	Rice
Desserts	Fruit Jelly	Lemon and poppy seed cake	Fresh Fruit Salad	Flapjack	Beetroot Brownie

Week Commencing, 17/1, 7/2, 7/3/ 28/3.

There is always bread and fruit available daily.



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Jacket potato with a choice of: tuna mayo/beans/ch eese	Fish cake	Chicken, spring vegetable and potato pie	Lasagna	Roast chicken thigh
Vegetarian		Quorn bites	Cheese and bean slice	Veg Lasagna	Roast Butternut Squash
Side Dishes	House Salad	Baby potatoes and sweetcorn	Green beans and mashed potatoes	House Salad	Green beans and mashed potatoes
Desserts	Fruit Jelly	Pineapple cake	Flapjack	Fresh Fruit Salad	Carrot cake

Week Commencing: 24/1, 21/2, 14/3

There is always bread and fruit available daily.



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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Vegetarian pasta bake	Peri Peri Chicken	Beef Sausage	Chicken burger	Jacket potato with a choice of: tuna mayo/beans/chee se
Vegetarian		Peri Peri Quorn fillets	Quorn Sausage	Beanburger	
Side Dishes	House Salad and Garlic Bread	Chips and Peas	Broccoli and mash potato	Wedges and House Salad	House Salad
Desserts	Fruit Jelly	Fresh fruit salad	Flapjack	Fresh fruit salad	Lemon and poppy seed cake

Week commencing: 31/1, 28/2, 21/3

There is always bread and fruit available daily.