



# ARK PRIORY PRIMARY ACADEMY

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cheese and tomato pasta bake	BBQ chicken fajitas	Hearty beef stew	Fish fingers	Katsu chicken curry
		BBQ Veggie fajitas	Hearty Lentil, Vegetable & Bean Stew	Veggie fingers	Butternut squash katsu curry
Side Dishes	Broccoli	Sweetcorn and house salad	Mashed Potatoes & Broccoli	Chips and beans	Rice & Sliced Green Beans
Desserts	Fresh Fruit Salad	Fruit Jelly	Lemon Drizzle Cake	Fresh Fruit Salad	Beetroot & Chocolate cake

*Week Commencing, 04/01, 25/01*

*There is always bread and fruit available daily.*



# ARK PRIORY PRIMARY ACADEMY

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Jacket potato with a choice of: tuna mayo/beans/cheese	Shepherd's pie (with mash)	Roasted chicken thigh	Breaded cod and chips	Bbq Chicken & Vegetable Pasta
Vegetarian		Veggie Pie (with mash)	Roasted Quorn Pieces in gravy	Cheese & Vegetable Whirl and chips	Courgetti and aubergine pasta
Side Dishes	House Salad	Carrots	Roasted sweet potatoes and vegetables	Peas	House Salad
Desserts	Fresh Fruit Salad	Parsnip & Orange Spiced Cake	Fresh Fruit Salad	Fruit Jelly	Apple Cake

*Week commencing: 11/01, 01/02*

*There is always bread and fruit available daily.*



# ARK PRIORY PRIMARY ACADEMY

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cheese and Tomato Pizza	Chicken Sausage	Roast beef in gravy	Lasagna	Salmon gnocchi
Vegetarian		Quorn Sausage	Roasted Quorn Pieces in gravy	Veg Lasagna	Green vegetables gnocchi
Side Dishes	House Salad	Broccoli and mash potato	Gravy, seasonal Vegetables, roast potatoes & Yorkshire pudding	House Salad	Green beans
Desserts	Fresh Fruit Salad	Fruit Jelly	Lemon & Ginger Cake	Fresh Fruit Salad	Raisin Cookies

*Week Commencing, 18/01, 08/02*

*There is always bread and fruit available daily.*