



ARK PRIORY PRIMARY ACADEMY

Week 1	Vegetarian Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Cheese & Tomato Pizza GL Salad	Fish Fingers Veggie Burger Chips & Baked Beans GL	Tandoori Chicken Tandoori Quorn Rice Salad D	Chilli Beef Wraps Veggie Wraps Salad GL	Tuna & Sweetcorn Mayo Roll Cheese & Grated Carrot Roll Coleslaw & Salad D,E
Desserts	Fruit	Yoghurt D	Marble Cake GL,D	Fruit	Fruit Ice Lolly

Week Commencing, 20/05, 17/06, 08/07

ALLERGEN INFO- D=Dairy, GL=Gluten, E=Egg, SO=Soya, CE=Celery, WH=Wheat, MU=Mustard, S=Sesame, SUL=Sulphites, L=Lupin, C=Crustations



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Week 2	Vegetarian Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Linguine With Sunblush Tomatoes and Roasted Peppers GL	Bbq Chicken Bbq Quorn New Potatoes & Salad	Beef Sausages Quorn Sausage Mashed potato & Baked Beans GL,D	Chicken & Sweetcorn Mayo Pitta Bread Quorn & Mayo Salad GL,E	Macaroni & Broccoli Cheese Garlic Bread & Salad GL,D
Desserts	Fruit	Lemon Drizzle Cake GL,E	Fruit	Yoghurt D	Raspberry & Chocolate Brownie GL,E

Week Commencing, 03/06, 24/06, 15/07

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Week 3	Vegetarian Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Jacket Potato With Cheese & Beans D	Lamb Pasta Bake Vegetable Pasta Bake Spinach GL,D	Chicken Curry Sweet Potato Curry Basmati Rice & Broccoli	Spaghetti Bolognese Vegetable Bolognese Courgette GL	Cheese & Potato Whirls Salad GL,D,E
Desserts	Fruit	Fruit Yoghurt D	Mousse D	Fruit	Ice Cream Tub D

Week Commencing, 10/06, 01/07, 22/07

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